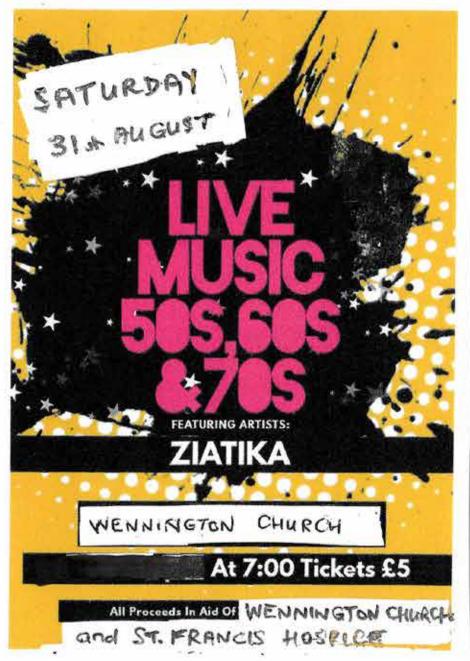


# YOU ARE INVITED TO



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THE SHIP 'Upminster Road South Rainham

# Time Out with God

# An message from Revd David Stainer

URING THIS HOLIDAY season, I do hope that you will have the opportunity to take time to rest and recharge your batteries. Our theme this month is "Time out with God" and I really do believe it is important to take time to rest, even if we don't always have the opportunity to go away somewhere on holiday. It is important for us to recognise that, as Christians, we need time to be still and listen to the Lord. Isaiah, the prophet, tells us:

"He gives power to the faint, and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted; but those who waits for the LORD shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not be faint." [Isaiah 40: 29-31]

So, firstly, can I encourage you, if you are not taking the opportunity already, to try and spend a few moments each day in quietness—just you and the Lord. You may already use regular bible reading notes to help in this discipline, and you may even keep a note book to jot down things that you feel the Lord might be saying to you. Sometimes when you look back over things that you have written down, it helps you realise how God has answered you prayers and to recognise what a wonderful Father He is and how faithful our Lord is not only to hear us but also to answer time and again.

Secondly, as part of our theme for August, we have two opportunities to share together in a picnic lunch after morning service—firstly at Wennington on 18<sup>th</sup> August, and secondly at Rainham on 25<sup>th</sup> August. I do hope you will take the opportunity to join with the church family on either or both these occasions, weather permitting, so that we can be family together and relax together.

Finally, just a little advanced notice that in September we will be looking at the Letter of James in our sermon series. So if you would like to do some advanced preparation, you may like to read through the Letter of James on your own during August and see what you make of it. As always, Jan and I would like to thank so many people who have been really supportive and done so much during this time of vacancy to keep our church together and all our activities going. Thank you all so much! With every blessing,

**David Stainer** 

# Dates for the Diary August/September

Please make note of any diary entries that apply to you, and inform hosts if you're unable to attend.

Saturday	6		
Friday	<b>Prayer Time</b> 9:30am The Ship	Prayer Time 9:30am The Ship	Prayer Time 9:30am The Ship
Thursday	<b>Prayer Time</b> 9:30am The Ship	Prayer Time 9:30am The Ship	Prayer Time 9:30am The Ship
Wednesday		Prayer Time 9:30am The Ship Mothers' Union 2pm St Helen's Hall	<b>Prayer Time</b> 9:30am The Ship
Tuesday		<b>Prayer Time</b> 9:30am The Ship 9:30am WPC	Prayer Time 9:30am The Ship 9:30am WPC Togetherness 12pm St Helen's Hall
Monday		Prayer Time 9:30am The Ship Men's Night 7:30pm The Ship	Prayer Time 9:30am The Ship
Sunday		Sunday Services See Page 6	Sunday Services See Page 6

Sive Music 50s 60s	70s ft. Ziatika 7pm WPC		
Prayer Time 9:30am The Ship	9:30am The Ship	Prayer Time 9:30am The Ship	Prayer Time 9:30am The Ship
Prayer Time 9:30am The Ship	9:30am The Ship	Prayer Time 9:30am The Ship	Prayer Time 9:30am The Ship
Prayer Time 9:30am The Ship	9:30am The Ship	<b>Prayer Time</b> 9:30am The Ship <b>Mothers' Union</b> 2pm St Helen's Hall	<b>Prayer Time</b> 9:30am The Ship
Prayer Time 9:30am The Ship 9:30am WPC	9:30am The Ship 9:30am WPC	Prayer Time 9:30am The Ship 9:30am WPC	Prayer Time 9:30am The Ship 9:30am WPC Togetherness 12pm St Helen's Hall
Prayer Time 9:30am The Ship	9.30am The Ship	Prayer Time 9:30am The Ship	Prayer Time 9:30am The Ship
Sunday Services See Page 6 Wennington Picnic After Service, WPC	See Page 6 Rainham Picnic After Service, RPC	<b>Sunday Services</b> See Next Issue	Sunday Services See Next Issue

# **Church Picnics**

Towards the end of August we will be having two Church Picnics following morning service. The first of these picnics will be at Wennington following our open air service (weather permitting) on Sunday 18th August. Rainham's picnic will be on Sunday 25th August after the morning service where we will be having a special guest speaker from Christian Hope International. For both picnics please bring what you would like to eat



# **August Birthdays**

Jamie Terrell Ken Terrell Sylvia Kemp

And to all those who have not yet divulged their birthdays to us. Wishing you all of God's blessings for a special day.





# **Prayer Points**

**Bereavements** 

the families in your prayers:

Here are the funerals that took place in July 2019, Please continue to uphold

- Please continue to pray for our PCCs and leadership teams as they continue to work through this period of vacancy.
- Please pray that God's right person for the role of vicar would be found soon.
- For Nick, Sarah and family as they move on from RPC, and for Nick's studies as an ordinand.



The Ship also continues to need any new unwanted small gifts for resale—especially for the upcoming May Fayre. Please do keep them coming, they do make a difference, and it is a great way to support the important work and service The Ship provides to the community.

# **Services and Themes for August**

### Sunday 4th

Reflect

Genesis 1:26–2:3 & Matthew 11:25–30 10:00am WPC Holy Communion 10:30am RPC Family Service 6:30pm RPC Evening Prayer

### Sunday 11th

Restore

Psalm 23 & 1 Thessalonians 5:5–24 10:00am WPC Morning Prayer 10:30am RPC Holy Communion 6:30pm RPC Evening Prayer

Sunday 18th Wennington Picnic Refill

Psalm 107:1–9 & John 7:37–44 10:00am WPC Open-Air Service 10:30am RPC Family Service 6:30pm RPC Evening Prayer

# Sunday 25<sup>th</sup> CHI Rainham Picnic Refocus

Psalm 91:9–16 & Philippians 3:7–14 10:00am WPC Creative Service 10:30am RPC All-Age Service 6:30pm RPC Holy Communion

### Time Out With God

but rest is also important in our spiritual walk with the Lord. We all need time off from work, time to rest, relax and prepare for what is coming next, but Christians don't aways appreciate rest or keeping the Sabbath day holy: Rest is not a time of "doing nothing" but should be a time of recreation which allows our mind, body and soul to renew and start again with even more strength and focus.

Genesis 2:2–3 tells us that God Himself rested on the seventh day! We are made in His image, and therefore also need to follow Jesus' example and take time out with God to stop and listen to what the Spirit is saying.

The Bible is filled with God's promises to provide rest when we seek Him—He is an endless source of peace and strength and He created us to need Him! This month, we will aim to take the opportunity to have some rest and recreation—time perhaps to slow down and listen to the Lord. During the month, we will have two opportunities to share in a picnic lunch together after morning service and our overall aim will be to take "time out with God" and with each other, as we look to the future and all that God wants to do amongst us.

# foodbank

Please note that donations placed into the FoodBank box at the back of church also go towards feeding the hungry of Rainham out of The Ship.

# A Thought from Wennington

### **Problems**

The problem ahead of us is never as great as the Power behind us.



# Staff Contact Times

### Nick

Every day except Saturdays

### Alan

Office hours only. Also by email Tuesdays & Thursdays 9am–3pm.

### **Shirley**

Any day except Thursdays

### David & Jan

Sundays only

Please respect the worship times of the staff, particularly Sundays.

### **Parish Office:**

St Helens Hall, St Helens Court, Rainham, RM13 9YU

### **Opening Hours:**

Mondays &

Wednesdays 9am-5pm Closed for lunch 12-1pm Closed Bank Holidays

### **Contact Us:**

office@rainhamparishchurch.org.uk 01708 552752 www.rainhamparishchurch.org.uk

### Vicar

As we are currently in interregnum, all queries to go to Churchwardens

### **Associate Minister**

Revd David Stainer

### Churchwardens:

Shirley Phillips & Stephanie Bare (RPC) Pat Sanders & Tim Stock (WPC)

### **Youth Minister**

Nick Pucenot