

NEWS

The Parish of Rainham with Wennington
St Helen & St Giles with St Mary & St Peter

DATES FOR THE DIARY SERVICES & THEMES PRAYER KNIGHTS EVENTS

March 2018



Running on Empty

Details of our Lent Course and WaterAid appeal for 2018.

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Holy Week 2018

A programme of services and events for Easter.

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WWDP

Our annual Women's World Day of Prayer this year for Suriname.

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Lent Lunches

Two frugal lunches happening this year during Lent.

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LENT 2018

Running on Empty



Ash Wednesday Joint Holy Communion Service

Wednesday 14th February
7:30pm
Wennington Parish Church

THIS YEAR WE will not be producing Lent course booklets, but there will be a weekly focus sheet for you to use in your Small Groups or individually. In addition Henry will be hosting a weekly afternoon and evening teaching/study meeting taking us through the Lent Course. This is for everyone who would like to attend, whether you are in a Small Group or not. As in previous years, Small Groups can use this opportunity to come and share together.

The weekly teaching sessions will be taking place at Rainham Parish Church. The afternoon session will be from 2pm and the evening session from 7:30pm. The very first session will be on Thursday 15th February, the day after Ash Wednesday, and the sessions will continue throughout Lent, culminating in our Joint Maundy Thursday Holy Communion Service on Thursday 29th March from 7:30pm.

The Store Cupboard Challenge

THIS YEAR'S LENT APPEAL once again is the Store Cupboard Challenge. The challenge is to live off what's in your store cupboard during any given week in Lent. You can buy fresh produce, but the concept is to "make do" as much as possible. The money you would have normally spent on your food shop goes into the Lent Appeal, which this year is again WaterAid. Other ideas are to put some money into a jar /01.

during Lent every time you use clean water, or give up chocolate, or going out for coffee, or any other option you want to choose. All Water Aid offerings will be taken on Easter Day.

Last year, we managed to raise a combined figure of £1569.66 for WaterAid. Over the last few years we have managed to generously surpass the figure of the previous year, so lets see if we can go beyond this once again for 2018!



WATERAID has been our Lent Appeal for many years. It came out of a leadership discussion that we do something with the money saved from giving up something during Lent and the recognition that whatever we give up is very minimal and much less than those who don't always have the very basics of life, even down to basic clean water and toilets.

Right now, over 663 million people live without safe water to drink, 2.4 billion (1 in 3) people don't have access to adequate sanitation, and around 315,000 children die every year from diseases caused by poor hygiene and dirty water.

WaterAid is an international nonprofit organisation working across 38 countries, whose vision is of a world where everyone has access to safe water, sanitation and hygiene by 2030.

Celebrating Clean Water in Madagascar

Lovasoa lies at the end of a single red road, used only by carts, and is so isolated that its residents have to walk for ten miles to buy basic household items, such as sugar, oil or soap, or to reach the nearest health centre.

In such a remote community the arrival of clean water was always going to be a cause for huge celebrations. And in Lovasoa, the community prepared for their big moment by decorating their new water points and planting palm trees, while children gathered around excitedly. Working with our local partner,

Manorintsoa, we've installed a gravity-fed system that will reach 390 people in the community, giving everyone there the chance of a happier, healthier future.

"Today is the best day of my life here!" 17-year-old Tahiry told us. "It's unbelievable," Meltine, 28, agreed. "A few hours ago I was on my way back home after fetching dirty water from far away and now I'm turning on a tap. Life can be changed in one day!"

The Parish of Rainham with Wennington

EASTERPROGRAMME

FOR**HOLY**WEEK

2018

25th March

Palm Sunday Service

WPC 10am

RPC 10:30am & 6:30pm

26th March

Prayer Knight

*"The Things He Carried" by Bishop Stephen Cottrell (A journey to the cross with appropriate reflection and engagement for Holy Week).
RPC 7-9pm*

29th March

Maundy Thursday

Joint Holy Communion Service

RPC 7:30pm

NB: This will be a normal service with short reflections and sharing of Bread and Wine. We will not be having a Maundy Meal as in previous years.

30th March

Good Friday Meditation

RPC 10:30am

Walk of Witness

12pm from the War Memorial to Tesco

Good Friday Meditation

WPC 2pm

We will be using "The Nail" by Bishop Stephen Cottrell at both services as we did last year which proved very powerful. This year we want to encourage both church communities to participate in the enactment, so if you would like to take part, please contact Pat Sanders or Henry.

1st April

Easter Day Holy Communion Service

WPC 10am

RPC 10:30am & 6:30pm





ORDER THE 2018 REAL EASTER EGG HERE

Special Edition

Dark

Original

Original (RRP £3.99)

The all-new 2018 design includes a large 24 page Easter story-activity book, a bag of Fairtrade Swiss Chunky Buttons (25g) and a UK made Fairtrade milk chocolate egg (125g) with a lovely creamy taste. 35% cocoa – Palm Oil free.

Special Edition (RRP £9.99)

Includes a simple guide to Easter, an olive wood holding cross keyring from the Holy Land, a Fairtrade orange milk chocolate bar (80g), and Fairtrade milk chocolate egg (200g) with a lovely creamy taste. 35% cocoa – Palm Oil free.

Dark (RRP £5.50)

The all-new 2018 design includes a large 24 page Easter story-activity book, a Fairtrade chocolate egg made from dark Belgian chocolate (165g) and three Fairtrade dark chocolate squares (3 x 5g). Delicious, smooth and fruity. 71% cocoa – Palm Oil free.



New Design Easter Story

A 24 page Easter story-activity book illustrated by Martina Peluso is included in the Original and Dark eggs.

Please use sign up form (in both churches and Ship Centre) stating your choice of Egg and Quantity ASAP

You are warmly

Prophecy

Biblical and practical teaching about the

Saturday 10th

Refreshments will be served

Located in the

at The Church of the Good Shepherd,

The workshop is expected to finish
followed by prayer for i

If you would like to attend then
let us know at admin@t

Admission is free but do

More information about the training ca
on 01708

ly invited to a

Workshop

gift of prophecy within the local church.

h March 2018

d at 9am for a 9.30am start

e Church Hall

3 Redriff Road, Collier Row, RM7 8HD

h by approx. 12.30pm and will be
individuals if requested.

for catering purposes please do
thegoodshepherd.co.uk.

nations will be welcome.

n be obtained from Keith & Ruth Turner
3 554274.

Dates for the Diary March/April

107.

Please make note of any diary entries that apply to you, and inform hosts if you're unable to attend.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Prayer Time 9:30am The Ship Lent Course 2pm & 7:30pm RPC	Prayer Time 9:30am The Ship	3
Sunday Services See page 12 4	Prayer Time 9:30am The Ship Wennington PCC Meeting 7pm WPC	Prayer Time 9:30am The Ship 9:30am WPC 6	Prayer Time 9:30am The Ship 10am RPC Mothers' Union 2pm St Helen's Hall	Prayer Time 9:30am The Ship Lent Course 2pm & 7:30pm RPC	Prayer Time 9:30am The Ship	Prophecy Conference 9am–2pm Church of the Good Shepherd Lent Lunch for CHI 12:30pm Trish's House 10
Sunday Services See page 12 11	Prayer Time 9:30am The Ship Funeral for David Howroyd 10:30am RPC & 11:40am Crematorium	Prayer Time 9:30am The Ship 9:30am WPC Togetherness 12pm St Helen's Hall 12	Prayer Time 9:30am The Ship 10am RPC BCP Holy Communion 10am RPC Rainham PCC Meeting 8pm RPC	Prayer Time 9:30am The Ship Lent Course 2pm & 7:30pm RPC	Prayer Time 9:30am The Ship	YCM Leaders Training 1pm–5pm St Helen's Hall 17

Sunday Services See page 12 <div>18</div>	Prayer Time 9:30am The Ship <div>19</div>	Prayer Time 9:30am The Ship 9:30am WPC <div>20</div>	Prayer Time 9:30am The Ship 10am RPC <div>21</div>	Prayer Time 9:30am The Ship Lent Course 2pm & 7:30pm RPC <div>22</div>	Prayer Time 9:30am The Ship <div>23</div>	Lent Lunch for WaterAid 12pm St Helen's Hall <div>24</div>
Sunday Services See page 12 <div>25</div>	Prayer Time 9:30am The Ship Prayer Knight 7–9pm RPC <div>26</div>	Prayer Time 9:30am The Ship 9:30am WPC <div>27</div>	Prayer Time 9:30am The Ship 10am RPC <div>28</div>	Prayer Time 9:30am The Ship Joint Maundy Thursday Holy Communion Service 7:30pm RPC <div>29</div>	Good Friday Meditation 10:30am RPC Walk of Witness 12pm Good Friday Meditation 2pm WPC <div>30</div>	<div>31</div>
Easter Day Holy Communion Services 10am WPC 10:30am RPC 6:30pm RPC <div>1</div>	Prayer Time 9:30am The Ship <div>2</div>	Prayer Time 9:30am The Ship 9:30am WPC <div>3</div>	Prayer Time 9:30am The Ship 10am RPC Mothers' Union 2pm St Helen's Hall <div>4</div>	Prayer Time 9:30am The Ship <div>5</div>	Prayer Time 9:30am The Ship <div>6</div>	<div>7</div>
Sunday Services See next issue <div>8</div>	Prayer Time 9:30am The Ship <div>9</div>	Prayer Time 9:30am The Ship 9:30am WPC Together 12pm St Helen's Hall <div>10</div>	Prayer Time 9:30am The Ship 10am RPC BCP Holy Communion <div>11</div>	Prayer Time 9:30am The Ship <div>12</div>	Prayer Time 9:30am The Ship <div>13</div>	<div>14</div>

Barking Archdeaconry

Vocations Day 2018

Saturday 2nd June 10am to 3.30pm

*A chance to consider God's call on your life,
and an opportunity to learn more about
ordained and licensed lay ministries.*

Our Key-note Speaker will be
The Revd Canon Anna Matthews,
DDO, Diocese of Ely and Vicar of St Benedict's, Cambridge

The closing address will be delivered by
The Rt Revd Peter Hill (Bishop of Barking)

Other leaders will include:
The Rev. Canon Philip Need (Diocesan Director of Ordinands)
The Revd Elizabeth Jordan (Diocesan Lay Development Advisor)

At St. Nicholas Church, Woodcote Avenue
Elm Park, Hornchurch RM12 4PY
Admission is free and includes lunch and refreshments.

To book your place, please contact Fiona Greaves
fgreaves@chelmsford.anglican.org

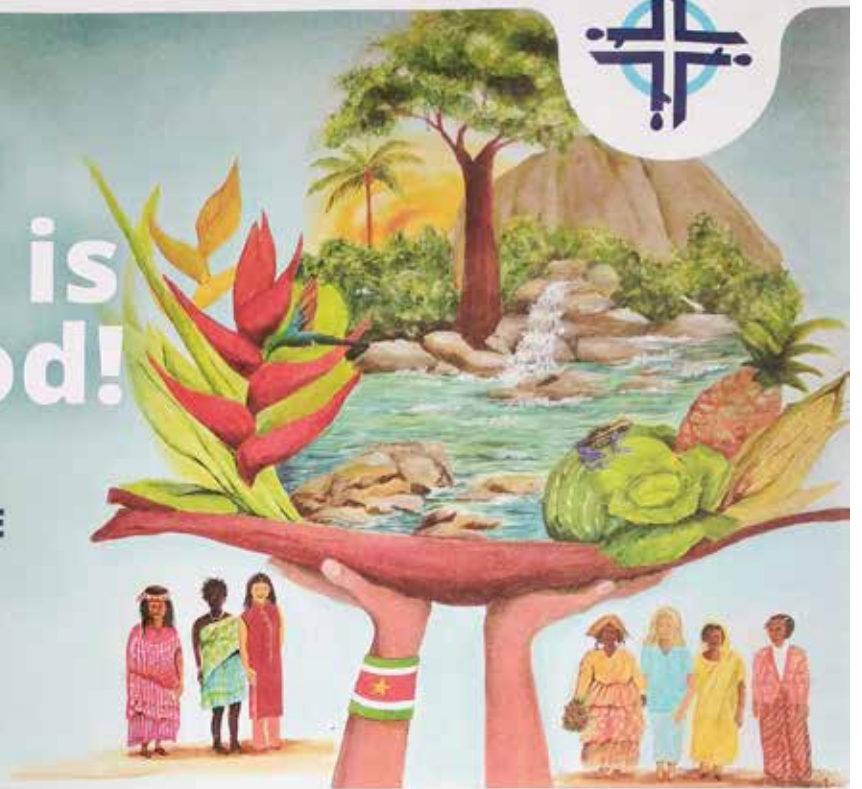


Women's World Day of Prayer



All God's Creation is Very Good!

**PRAYING FOR SURINAME
A SERVICE FOR EVERYONE**



Friday 2nd March 2018

**Cancelled due to the
weather.**

**New date to be
arranged.**

Help Needed at RPC

WE ARE IN need of some more volunteers to help keep our church at Rainham clean and tidy on a regular basis, and also some more people to take up the role of Sidesperson during Sunday Services.

We are looking for a cleaner for one week in the month, and for a Sidesperson to serve one Sunday in the month. Please prayerfully consider whether you would like to perform one of these vital serving roles, and see Arthur Carter for more information.

Easter Office Closure

JUST TO LET you all know, the Parish Office will be closed on the Easter Bank Holiday Monday (2nd April). Our Administrator will be back monitoring emails on the Tuesday, and in the office as normal on the Wednesday.

Any urgent enquiries and eprays over that weekend should be directed to either Henry or the Churchwardens.

PCC Nominations

IF YOU WOULD like to stand for PCC at Rainham or Wennington in our upcoming APCMs, there are PCC nomination forms in each church. If not, you can also pick one up from the Parish Office.

For those who don't know, the PCC or Parochial Church Council is responsible for the general running of the church, and we make decisions to do with a wide variety of topics, from accounts to pew cushions, outreach events to maintenance. Please prayerfully consider serving on PCC at either church, fill in a form and return to the Parish Office or Henry as soon as possible.

There are instructions and requirements for being a PCC member printed on the forms.

Lent Frugal Lunches

THERE WILL BE two Lent Frugal Lunches happening in March. The first will be on Saturday 10th March at Trish Nelson's house from 12:30–2:30pm-ish. Donations from this lunch will go towards Christian Hope International, for hygiene (including the provision of water). If you need any more information, please speak to Trish.

The second frugal lunch will be held on Saturday 24th March from 12pm in St Helen's Hall. Donations from this lunch will go towards WaterAid. If you need any more information on this lunch please speak to either Janet Lill or Trish.



Continues to need any new unwanted small gifts for resale. Please keep the new unwanted gifts coming, they do make a difference!

Rainham
foodbank

Please note that donations placed into the FoodBank box at the back of church also go towards feeding the hungry of Rainham out of The Ship.

Services and Themes for March

Sunday 4th

Expecting the Unexpected

Ephesians 2:1–10 & Mark 5:21–34

10:00am WPC Holy Communion

10:30am RPC Family Service

6:30pm RPC Evening Prayer

Sunday 11th Mothering Sunday

The Little I Have is Not Enough

1 Kings 17:8–24 & Matthew 14:13–21

10:00am WPC Morning Prayer

10:30am RPC Holy Communion

6:30pm RPC Evening Prayer

Sunday 18th

If Only You Were There

Philippians 3:1–11 & John 11:17–37

10:00am WPC Holy Communion

10:30am RPC Family Service

6:30pm RPC Evening Prayer

Sunday 25th Palm Sunday

The Overwhelming Syndrome

1 Kings 19:1–18 & Luke 19:28–44

10am WPC Morning Prayer

10:30am RPC All-Age Service

6:30pm RPC Holy Communion

Running on Empty

LIFE CAN BE both draining and taxing. We can often find ourselves in circumstances and situations we have not planned for or are beyond our control. They come about unexpectedly, causing us worry and anxiety, fear and uncertainty. Our challenges in life can relate to relationships, economic circumstances, health issues, or any other range of problems. All of us have experienced what it means to be running on empty, whereby we just “plod on”, sometimes in crisis management, sometimes without even being aware that our gauge is showing empty and as a result, we become ineffective or veer to a halt.

This Lent we will be exploring some of these issues using people in Scripture who struggled with or were challenged by the issues of life we are familiar with and experience ourselves. The fundamental question is then, how do we deal with and respond to life’s uncertainties? What are the spiritual ‘wells’ we drink from and how do we replenish the energies we give out?

The 1973 Arab-Israeli war prompted an oil embargo by Opec that led to a fuel shortage and resulted in global recession, resulting in long queues at petrol stations, with tempers flaring and fights breaking out.

In 2000 refineries and depots were hit by protests targeted across the UK. Motorists around Britain were facing increasing shortages of petrol as protests against soaring fuel prices gathered pace. Are you running on low or empty spiritually? Where is your spiritual petrol station and how often do you fill up? We begin with the ‘filling places’ Jesus spoke of relating to Himself as the bread of life and the Holy Spirit as streams of living water.

Our ‘wells’, as we will discover, are not places but God Himself who sustains us, restores us, equips us and re-envisions us. Through Him we are more than conquerors, for He alone is our way, our truth and our life, filling us for our journeys ahead.

March Birthdays

17th March
Paul Randell

20th March
Hannah Grosvenor

27th March
Lillian Treadgold

And to all those who have not yet divulged their birthdays to us. Wishing you all of God's blessings for a special day.

If you would like a birthday mentioned in the Newsletter, please contact the Parish Office no later than the 3rd week of the month.

Family Matters

News from across our church family.

Thanks!

To all who helped with and supported the Burn's Night Supper in the Ship back in January. The meal raised £161 and will go towards the restoration of the Church Tower.

Family

If you would like to have a significant anniversary or event mentioned in the newsletter, please contact the Parish Office no later than the 3rd week of the month.

Epray

If there is anything that you would like the church family to pray for, please send your prayer request by email to the Parish Office.

If you don't have access to emails, feel free to call and leave a message so our Administrator can then email your prayer request to the church family.

For those at WPC without emails, remember to check the noticeboard at the back of church each week for updates. At RPC, check the prayer book.

We aim to include your prayer requests in at least one of the services on Sunday,

In order to develop our system further, can we ask that those with prayer requests also keep us up to date with any further information or developments. That way, your church family can be better equipped to know how to pray.

- For the mission and ministry of The Ship over the Lenten period.
- For Nick Pucenot and his work in Harris Academy.
- For our forthcoming APCMs on 15th April.
- We are reminded to continue to pray for the wider mission and ministry of the Church during this time.

Prayer Points

News

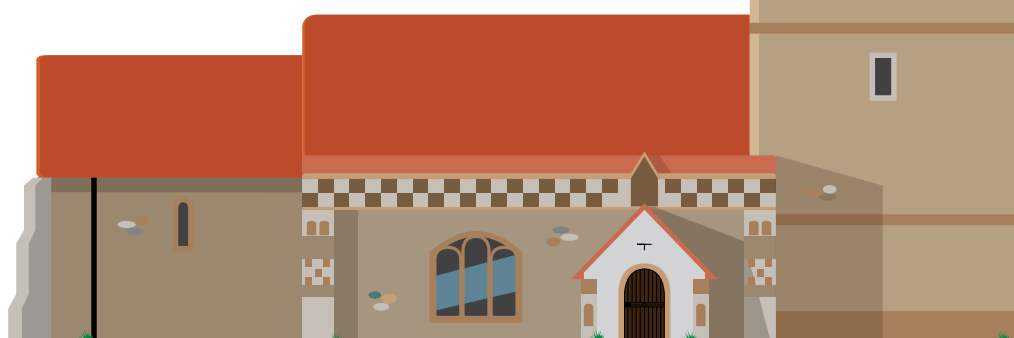
Small Groups

Small Groups meet every week during Lent.

Putting the Community in Touch with Jesus.



*Sharing
God's
Love in
Wennington.*



Staff Contact Times

Henry & Sheryl

Every day except Tuesdays

Nick

Every day except Saturdays

Alan

Office hours only (but our Administrator is also contactable via email on Tuesdays and Thursdays at the same hours.)

Shirley

At The Ship Centre only

David & Jan

Sundays only

Please respect the worship times of the staff, particularly Sundays.

Parish Office:

St Helens Hall,
St Helens Court,
Rainham,
RM13 9YU

Opening Hours:

Mondays & Wednesdays
9am–12pm & 1pm–4pm

Contact Us:

office@rainhamparishchurch.org.uk
01708 552752
www.rainhamparishchurch.org.uk

Vicar

Revd Henry Pradella

Associate Minister

Revd David Stainer

Youth Minister

Nick Pucenot

Church Wardens:

Arthur Carter & Shirley Phillips (RPC)
Pat Sanders (WPC)