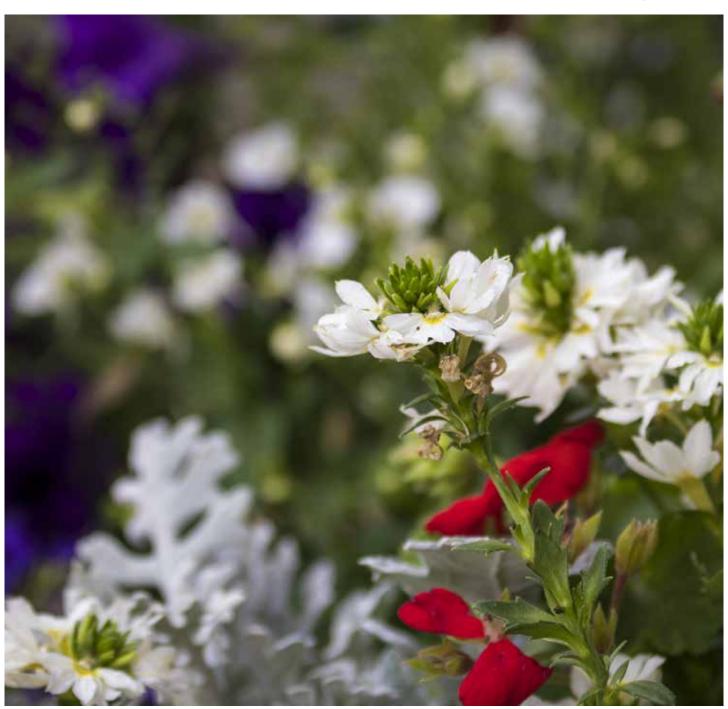


DATES FOR THE DIARY SERVICES & THEMES PRAYER KNIGHTS EVENTS

August 2018



Bloomin' Marvellous

Feedback and photos from the London in Bloom initiative.

Pages 1 & 2

New Bishop

Archdeacon John is installed as the new Bishop of Bradwell.

Page 6

Praying on the Way

A new course drawing on different prayer traditions.

Page 9 & 10

Party Time

Enjoy tea, coffee, cakes and BBQs in Rainham & Wennington.

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Lyn Fuller of RAVE gives us some feedback on this year's initiative.

AST MONTH IN Rainham we have had a wonderful event; we had a great feeling of community spirit, working together to make Rainham a better place. Members of the Rainham Horticultural Society have spent hundreds of hours putting together troughs, hanging baskets, the living wall, a beehive, bug hotel and a hedgehog house. The local schools made bees /01.

and butterflies for the area around the fences opposite the Royals Youth Club and a local artist drew a WW1 plane, tank, and a ship; flowers were planted here as well.

Rainham Hall took part and was judged. As were the Royals and the Village. Finally, our beautiful Church was weeded, mown, and planted with bedding plants. Myself and Sue Osprey, who has never touched a plant in her life before, spent from 11am till 8:30pm on the Tuesday putting these plants in. People from The Ship helped, even a young man called Steve who was drinking in the Church grounds—after I talked with him for a while about his alcohol problem, he helped to water the beds. I hope the lady whose name I can't remember is now happier with the grounds of the church after its transformation.

You may ask what I'm getting at: I would like to think that you love this Church as

much as I do, I was married here in 1963 and my parents during WW2, and I want to see it blossom. With help from some of the Church members we can make it happen, like the Rainham in Bloom team made it happen, all it takes is a bit of time and a watering can. If something is not nurtured it will die, as in all things.

God's creations started their journey in the Garden of Eden, we could try and create something He would appreciate, we are His children and seek His approval, I will leave you to think about it.

> Lyn Fuller Chairlady R.A.V.E Helper with London in Bloom and The Rainham Clean-Up Team.





Who is St Paul?

A series of presentations on the Apostle Paul.

September 19, 26,

October 3, 10, 17, 31

November 7.

7.30-9.00 pm



St John's Church, The Broadway, London E15 1NG

To book contact: HHenry@chelmsford.anglican.org

Who is St Paul?

St Paul is one of the great figures of the New Testament. He is second only to Jesus in his contribution to the teachings of the early church and was a dynamic and extraordinary figure in the first century of the Christian era.

The question remains who St Paul was and what is his message for today's Church. A figure to be admired and emulated but not without controversy and challenge.

This series of talks and discussions will look at five aspects of his life.

Bishop Peter Hill will lead us on Paul's mission work from the perspective of the Church at Philippi, September 19, 26, October 3.

Revd Dr John Brown will look at Paul the man and his world, October 10.

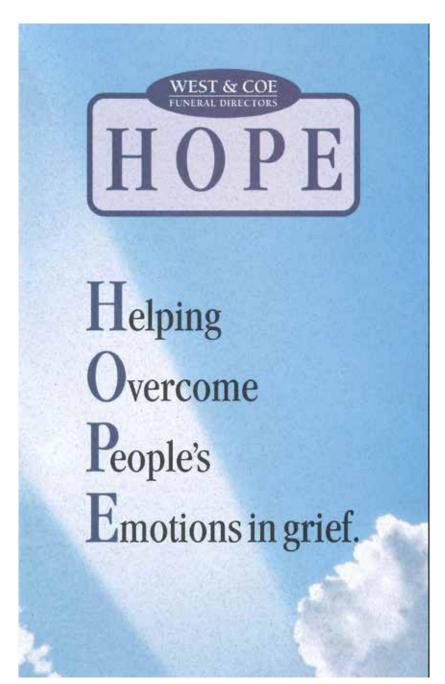
Canon Ann Easter will look at Paul and his attitude to women, October 17

Canon Ivor Moody will look at Paul and other faiths, October 31.

Archdeacon Elwin Cockett will look at Paul and the city, November 7.

This will be an opportunity to delve into the life of such a colossus and discover the Paul of the first century and the Paul for today.

To book a place please contact Hillary Henry Assistant secretary to the Bishop of Barking at: HHenry@chelmsford.anglican.org



osing someone you care about can be one of the most difficult experiences.

There are no easy answers when trying to helo a bereaved family come to terms with their loss. Every situation is unique and people react in different ways.

West & Coe's HOPE support group offers a combination of education and interaction in a safe and friendly environment, where your feelings and emotions will be respected. Together as a group we will explore the grief process and work through the many emotions to help us cope with the adjustments to life in the future.

West & Coe are the founders of the Grief Support Programme HOPE. This six week programme is offered at no cost to those attending and is designed to help support people and show there is hope for the future. Among the topics discussed are:

- The Experience of Grief
- What is Grief?
- Grief is an Emotional Response to a Loss
- Confronting our Emotions
- Grief Attacks
- Making Adjustments.

The next HOPE Course will be commencing at the end of September at 620 Rainham Road South, Dagenham. The exact dates had not been set at the time of publication, so for more information please contact Ann Brookes on 0208 592 0164.

A Tribute to Sylvia

T's 2:30AM AND I have woken up thinking about Sylvia, my Sylvia. Sylvia passed away in the early hours of a Sunday in April this year. She was a lovely wife, mother, grandmother and friend to many people in Rainham and elsewhere and a nurse to many others. I see Sylvia every night when the sky is clear. I look south through our landing window and see the bright star, and it reminds me of Sylvia.

Sylvia was a practice nurse and I, Colin, an occupational health nurse, but I didn't realise the big part Sylvia played in the community until I lost her last April. Many people have spoken of the help she gave them and others. Sylvia

didn't dwell on it, she just mentioned it now and again—"I saw mister or mrs so and so today". I see the bright star comforter, Sylvia, as I look through the landing window in the early hours of the night and I miss her dearly, and so do many others.

Last Saturday, the 7th July, we would have been married 58 years and I miss her and I continue to look for that bright star on a clear night through the landing window. A big thank you to everyone, as donations to St Francis Hospice and Cancer Research UK have reached over £1700. Thank you, one and all.

Colin Blackburn

The New Bishop of Bradwell

The Right Revd Dr John Perumbalath, former Archdeacon of Barking is installed as the new Bishop of Bradwell.



T Paul's Cathedral, on Tuesday 3rd July 2018 at 11am hosted the ordination and consecration of three Bishops in the Church of England. These sorts of occasions are always grand and this was no exception, we were in St Paul's Cathedral after all! But it was also a very intimate time for each of those that came to support those who were to become our new Bishops. We (Henry and I) along with churchwardens from St John's. South Hornchurch and Tom and Amanda Keighley both priests at Elm Park who together make up our local MMU group (Mission and Ministry Unit) were there primarily to support our Archdeacon of Barking, Dr John Perumbalath who is now Bishop of Bradwell. There were two other consecrations, that of Simon Burton-Jones, previously Archdeacon of Rochester and now Bishop of Rochester, and Vivienne Faulk, previously Dean of York and now Bishop of Bristol.

It was such a pleasure to be at this service. I'd only been to St Paul's once before when I was in the charge of my older teenage cousins. We had a red rover ticket and were trying to take in all the main sights in London in just one Sunday afternoon! As we sat in the heat waiting for the service to start I was reminded that we never know where we will be taken in the journey of life. Anyway, the service began, some clergy were robed whilst others sat much more informally in the context of the congregation. The Archbishop of Canterbury, Justin Welby took the service and the whole experience was beautiful. The Cathedral was a sea of red, red stoles worn by clergy and all Bishops wearing red cloaks over simple white gowns. There were many, many Bishops present and it was particularly good to see Bishop David Hawkins who many of you will remember was our previous Bishop of Barking. For me there were two very special points during the service. The first was as each Bishop was consecrated there was a throng of all other Bishops laying hands on them and if they weren't able to get close enough, they simply place their hand on the shoulder of the Bishop immediately in front of them, and to add to this unity and affirmation there was visually all the red cloaks. Of course they were all praying

at this point which was just after the anointing with oil.

The Holy Communion was also beyond words as so many joined together. We weren't allowed to take photos and I fully understand this was not appropriate but I have never seen such a sumptuous Holy Communion table. I was awe struck. It was visually amazing. Set on a table with a golden cloth, there were so many goblets and it was white wine in transparent goblets. Oh, I so wanted to take a photo, will I ever see such a sight again.

It was such a pleasure to be part of such a celebration. As an aside we met many friends and made new ones. We left into the very hot sunshine, a very busy London reflecting upon not only the beautiful service and how privileged we felt to be part of it, but also very grateful for the all Bishops and Archdeacons that we have served under and that continue to serve us and of course our Lord. Please hold Bishop John, Bradwell; Bishop Peter, Barking; Bishop Stephen, Chelmsford in your prayers and of course for the person the Lord wants to be our new Archdeacon.

Sheryl Pradella

Dates for the Diary August/September

Please make note of any diary entries that apply to you, and inform hosts if you're unable to attend.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Prayer Time 9:30am The Ship 10am RPC Mothers' Union 2pm St Helen's Hall	Prayer Time 9:30am The Ship	Prayer Time 9:30am The Ship	Prayer Time 9:30am The Ship Coffee & Cake 10:30am Maxine & Neil's House Wennington Annual Summer Party Ipm The Green
	Prayer Time 9:30am The Ship Men's Night 7:30pm The Ship	Prayer Time 9:30am The Ship 9:30am WPC	Prayer Time 9:30am The Ship BCP Holy Communion 10am RPC	Prayer Time 9:30am The Ship	Prayer Time 9:30am The Ship	Prayer Time 9:30am The Ship
	Prayer Time 9:30am The Ship	Prayer Time 9:30am The Ship 9:30am WPC Togetherness 12pm St Helen's Hall	Prayer Time 9:30am The Ship 10am RPC	Prayer Time 9:30am The Ship	Prayer Time 9:30am The Ship	Prayer Time 9:30am The Ship

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Prayer Time 9:30am The Ship	Prayer Time 9:30am The Ship	Prayer Time 9:30am The Ship	Prayer Time 9:30am The Ship
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Prayer Time 9:30am The Ship 9:30am WPC	Prayer Time 9:30am The Ship 9:30am WPC	Prayer Time 9:30am The Ship 9:30am WPC	Prayer Time 9:30am The Ship 9:30am WPC Togetherness 12pm St Helen's Hall
Prayer Time 9:30am The Ship	Prayer Time 9:30am The Ship	Prayer Time 9:30am The Ship	Prayer Time 9:30am The Ship
	56	61	



Praying On the Way

A series of study sessions on using different prayer traditions to build our confidence and experience. 18th, 25th September, 2nd, 9th, 16th October. 7.30-9.00 pm



St Bartholomew's Church, 292B Barking Road, East Ham, E6 3BA

To book a place please contact John Brown on 0208 553 7606 beducation99@gmail.com Prayer is central to our Christian life, a way to come into the presence of God and to offer to God our needs, hopes, desires and thanksgivings.

Yet prayer is not easy – sometimes we do not know how to start, and too often it gets squeezed out of our busy lives.

This course is intended to help us to find a rhythm that suits us, starting from where we are, with no expectation that we come with great spiritual experience or confidence.

This course aims to guide us as the On the Way course did through some of the great spiritual traditions of the church.

18th Sept. We begin with a simple introduction and look at how we pray through the Bible.

25th Sept. Session two will be prayer and the Franciscan tradition

2nd Oct. Session three will be praying through the Afro-Caribbean tradition.

9th Oct. Session four will be looking at prayer within silence and the Quaker tradition.

16th Oct. Session five will be looking at images in the Orthodox tradition.

Each session will give some background to particular styles of prayer from the Christian tradition, and also plenty of opportunity to try them out.

We welcome

Revd Christopher Owens, Revd Dr Chigor Chika, Canon Pat Mossop, and Revd Dr John Brown, as our group leaders.

Wennington's Annual Cream Tea

ATURDAY 21ST JULY. The sun was shining, the birds were singing, the bunting and tables were beautifully set out as Wennington Church opened its doors to visitors for the Annual Cream Tea. The Catering Team was on top form as usual!

The amazing team conjured up an almost endless stream of tea and other hot and cold drinks, with a light buffet full of goodies, including sandwhiches and delicious scotch eggs. There was a plentiful supply of cakes, mostly home-made and of course, the *pièce de résistance...* home-made scones with jam

and clotted cream! Old friends met to chat and catch up, new friendships were begun in the happy, welcoming atmosphere.

As well as this, there was entertainment from Wennington's Choir, who were at their best on this afternoon. With two short sets; golden pop oldies with Christian lyrics followed later by a few well-known hymns, their singing helped to make the afternoon extra special.

All who came enjoyed food, music and fellowship, and together we raised over £80 towards the restoration of the kneelers at our altar.

Coffee & Cake

HERE WILL BE a Coffee & Cake morning with a lovely table-top sale at Maxine & Neil's house on Saturday 4th August from 10:30am. Donations will go half towards the work of The Ship, and half towards the Tower Fund. Please contact Maxine or Neil for the address and for more information.

Ship Coffee Morning

HERE WILL BE a Coffee Morning & Table-Top Sale to support the work of The Ship on Saturday 15th September from 10am in The Ship. Expect an eclectic mix of small and Fairtrade gifts, as well as Christmas cards available and early offer half price charity cards. Come for tea, coffee, breakfast or even just for a chat.

Summer Party, Saturday 4 August, from 1pm.



Please come along to celebrate the Wennington annual summer party. There will be BBQ, cake stall and lots of fun for the kids.

Bring along you favourite drinks! And join us on Wennington Green, for further information please contact wennington@yahoo.co.uk

Services and Themes for August

Sunday 5th

Life Choices
Proverbs 1:20-33 & Deuteronomy 30:11-20
10:00am WPC Holy Communion
10:30am RPC Family Service
6:30pm RPC Evening Prayer

Sunday 12th

The Disciple's Treasure Proverbs 2:1–22 & Luke 11:9–13 10:00am WPC Morning Prayer 10:30am RPC Holy Communion 6:30pm RPC Evening Prayer

Sunday 19th

Leaning on Trust
Proverbs 3:1–26 & 2 Timothy 3:1–17
10:00am WPC Holy Communion
10:30am RPC Family Service
6:30pm RPC Evening Prayer

Sunday 26th

Pathways of Promise Proverbs 4:1–27 & Joshua 1:1–9 10am WPC Morning Prayer 10:30am RPC Family Service 6:30pm RPC Holy Communion

The Way of Wisdom

Y DEFINITION WISDOM is the ability to think and act with knowledge, experience, understanding, common sense, and insight. Knowledge in itself can be communicated, but not wisdom. You can find it, live it, be fortified by it, do wonders through it, but you cannot communicate and teach it. It is more valuable than gold and is the key to unlocking everlasting and eternal abundant life (John 10:10). So how is wisdom acquired? If the fear of the Lord is the beginning of wisdom (Proverbs 9:10), then that is where we are to start—with God. Not only is wisdom found in Him but also emanates from Him and as such He is her source and provider. Our journey this month is to understand the nature and application of our life found in Jesus Christ, the way, the truth and the life. It is through our relationship with the Holy Spirit that we grow in knowledge and understanding of God and come to a place of maturity that directs our lives in 'wise living' shaped by His precepts and commandments.



Please note that donations placed into the FoodBank box at the back of church also go towards feeding the hungry of Rainham out of The Ship.



Continues to need any new unwanted small gifts for resale. Please keep the new unwanted gifts coming, they do make a difference!

July Birthdays

Jean Chumbley Dorothy Webster Janet Grosvenor Oliver Dell

And to all those who have not yet divulged their birthdays to us. Wishing you all of God's blessings for a special day.

Just to make you aware, due to the new Data Protection rules, we are no longer permitted to display people's birth dates in this public Newsletter.

If you would like a birthday mentioned in the Newsletter, please contact the Parish Office no later than the 3rd week of the month.

Family Matters

News from across our church family.

Thanks!

To all those who supported the CHI Coffee Morning.

To all those who helped with the Rainham Churchyard for London In Bloom. Let's see if we can keep it up! There are watering cans available in church to water the plants.

Bereavements &

Here are the funerals that took place in July. Please continue to uphold the families in your prayers:

- 12th July: Francis Hart
- 16th July: Una Wills

Eprays Epraise

If there is anything that you would like the church family to pray or praise God for, please send your request by email to the Parish Office.

Alternatively feel free to call and leave a message so we can then email your prayer request to the church family. For those at WPC without emails, remember to check the noticeboard at the back of church each week for updates. At RPC, check the prayer book. We aim to include your prayer requests in at least one of the services on Sunday,

Please keep us up to date with any further developements regarding your prayer request. That way, your church family can be better equipped to know how to pray.

- For all those being confirmed on 16th August.
- Keep prayer for safety of our children and young people.
- Please pray for the upcoming wedding of Christopher Batley & Danielle Giles this month at Wennington.

Prayer Points

Family News

Chivonne Adebiyi and Isla Webber were baptised into the family of the church during July. We pray every blessing for their continued growth in Christ.

Small Groups

No Small Groups in August.



Staff Contact Times

Henry & Sheryl

Every day except Tuesdays

Nick

Every day except Saturdays

Alan

Office hours only (but our Administrator is also contactable via email on Tuesdays and Thursdays at the same hours.)

Shirley

At The Ship Centre only

David & Jan

Sundays only

Please respect the worship times of the staff, particularly Sundays.

Parish Office:

St Helens Hall, St Helens Court, Rainham, RM13 9YU

Opening Hours:

Mondays & Wednesdays 9am-12pm & 1pm-4pm

Contact Us:

office@rainhamparishchurch.org.uk 01708 552752 www.rainhamparishchurch.org.uk

Vicar Revd Henry Pradella

Associate Minister

adella Revd David Stainer

Youth Minister

Nick Pucenot

Church Wardens:

Shirley Phillips & Stephanie Bare (RPC) Pat Sanders & Tim Stock (WPC)